

# Helping to achieve freedom from eating disorders

**Saturday, 15 June 2019**

11am-4pm, Lincoln City Football Club, Legends Lounge, Sincil Bank Stadium, Lincoln LN5 8LD

**An opportunity to learn more about eating disorders from those with lived experience, carers, families and healthcare professionals.**

- Information stands from the NHS and third sector organisations.
- Stories about people's own experience of an eating disorder and recovery.

If you have any queries or would like more information please contact Lincolnshire Eating Disorders Service on 01522 421632.

**No need to book.  
Just drop in.**



[www.lpft.nhs.uk](http://www.lpft.nhs.uk)