

Overview of Lincolnshire Mental Health Services

Nick Harwood – Associate Director of Operations Paula Jelly – Associate Director of Operations



The people we serve

Large rural county of 2646 sq miles

755,000 Lincs population NE Lincs population

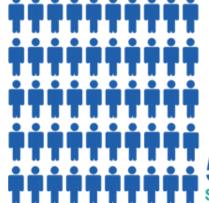






















LPFT

- Main provider of MH care
- 4 Clinical Divisions
- Older Adults & Frailty
- Specialist Services
- Adult Community
- Inpatient and Urgent Care





Adult Community Division

Nick Harwood - Associate Director of Operations



Our Services

- steps2change
- Community Mental Health Teams
- Community Forensics and CJL&D
- Perinatal Mental Health
- S75 Adult Social Care
- Early Intervention in Psychosis
- Veterans MH Services
- Personality and Complex Trauma Team
- Recovery College
- Employment Services (IPS)
- Holistic Healthcare for the Homeless





Community Mental Health Transformation

- Early implementor, Severe Mental Illness
- Population health, PCN/system interface
- No wrong front door, no cliff edges, seamless pathways
- Integrated Placed Based Teams
- Secondary Mental Health
- Primary Care
- Voluntary, Community and Social Enterprise
- New models, specialist services
- New roles
- Increase Psychological Therapies





An Overview of Adult Inpatient & Urgent Care Division

Paula Jelly
Associate Director of Operations

ADULT INPATIENT & URGENT CARE DIVISION



ACUTES	REHABILITATION	URGENT CARE, PICU & FORENSIC FWU	CRISIS & HOME TREATMENT	COMMUNITY REHAB
Conolly ward	The Fens	PICU	Lincoln	Lincoln
Charlesworth ward	The Wolds		Boston	Gains
Walu		PCDU	Louth	Spalding
Ash Villa	The Vales	Bed Managers OOH CC	Grantham	Stamford
Ward 12	Maple Lodge	Health Based Place of Safety S136 Suite	SPA	Grantham







- **Opening of the new Ash Villa Unit**
- Reaching and Maintaining 0 out of area inappropriate admissions for acute
- **New Carers champions Carer pathways for CRHTs**
- Modern Matrons embedded in the division
- **Community Rehab Team IROC**
- **Francis Willis Unit Initiatives**
- Maintaining services throughout COVID19
- **New Acute builds**
- **Ongoing QI workstreams**
- Staff commitment & flexibility during pandemic





Current Workstreams

- New Acute Wards Lincoln/Boston
- Rehab Transformation
- Crisis & Home Treatment Review & Development
- QI Plans :
 - · Improving family & carer involvement
 - Outcome measure pathways IROC
 - Sexual Safety





Top tips for mental health wellbeing

- Reframe unhelpful thoughts
- Be in the present
- Get good sleep
- Connect with others
- Live a healthy life
- Do something for yourself
- Every Mind Matters NHS (www.nhs.uk)





Any Questions?

