

Update from LCHS: October 2019

### **CEO Maz Fosh's Standard Series column on values:**

Values can be described as beliefs which direct our actions and behaviour. The NHS values are; working together for patients, compassion, respect and dignity, improving lives, commitment to quality of care and that everyone counts. *We listen, we care, we act and we improve.*

*We care*; everyone is valued, respected and developed. The knowledge and skills of our staff is nurtured and we strive to celebrate success. There are many ways staff display these values. For example, we choose to celebrate success. We hold annual Celebrating Success Awards and we encourage staff to apply for external awards. Deborah Faulkner, a staff nurse at Johnson Community Hospital is a finalist in the national HEAT (healthcare, education and training) Awards and our Urgent Care Streaming service and Clinical Assessment Service team are regional winners in the Excellence in Urgent and Emergency Care Award at the 2019 NHS Parliamentary Awards.

In our health and wellbeing service, we have decided to use the amazing skills of our very talented workforce to give all staff the chance to take part in wellbeing activities such as art and craft workshops, joining our staff choir or participating in one of the many exercise classes we offer. These sessions give staff the chance to relax and unwind outside of their working day, whilst developing creativity, engaging in healthy lifestyle activities and getting to know colleagues better. In summary, values are important in shaping how we work and behave in all organisations, but especially people focused services, like the NHS.

### **Lincoln Speech and Language Therapist scoops national NHS award**

Angela Shimada, Neighbourhood Lead for Lincoln South, has won the Allied Health Profession Leader of the year award. Allied health professions (AHPs) are the third largest workforce in the NHS and consist of 14 distinct professions from art therapists to dietitians and paramedics.

### **Johnson Hospital Pro Darts Charity Showdown**

Organisers of a charity professional darts event are offering a limited discount on tickets in celebration of the 71st anniversary of the NHS. The Pro Darts Showdown event takes place at Springfields Events Centre on Friday, 20 September and is a brand new venture from the team behind the popular annual Hospital Ball. Businesses wishing to support the event should contact Sally Brown on 01775 652033 / [sally.brown@lincs-chs.nhs.uk](mailto:sally.brown@lincs-chs.nhs.uk) or Liz Hallissey on 01775 652082 / [elizabeth.hallissey@lincs-chs.nhs.uk](mailto:elizabeth.hallissey@lincs-chs.nhs.uk) Tickets for the event on fall into three price bands. Bookings can be made through Eventbrite at <https://www.eventbrite.co.uk/e/johnson-hospital-pro-darts-charity-showdown-tickets-53207029658>

### **New head and neck cancer support group announced for patients and their families**

Patients and their families who've suffered from head and neck cancer will be able to help each other through difficult times, thanks to a new support group. The meetings will be held on the second Wednesday of each month, starting from September, in locations across the county. Further information about the meetings will be available at [www.ulh.nhs.uk/services/macmillan](http://www.ulh.nhs.uk/services/macmillan) nearer the time.

### **Walking football event raises money for Lincolnshire Cardiac Rehabilitation Service**

Lincolnshire Community Health Services NHS Trust (LCHS), runs the Cardiac Rehabilitation Service in Lincolnshire, which brings together a wide range of advice and support including, medical treatment, education, counselling/psychological support, exercise advice and healthy eating. Alan Lee, an LCHS volunteer and ex-cardiac rehab patient organised the competition, which took place at Ruston Sports and Social Club on Newark Road. The eight walking football teams who took part

were called Heart Attackers, Heart Attackers & Friends, Mansfield Reds, Welton Wanderers, Roston Rebels, Birchwood Mixed, Charles James Old Boys and Branston OB & North Kesteven Academicals.

## **Families reaping benefits of new NHS community children's service**

A new service to treat respiratory problems in children with complex physical disabilities at home was launched in February 2019, by Lincolnshire Community Health Services NHS Trust (LCHS). The Children's Rapid Response Respiratory Service provides specialist assessment, treatment and management of children with complex physical disabilities with additional respiratory problems in the community.

There are preventative and rapid response aspects of this service. The preventative measures involve specialist respiratory physiotherapy assessment, preventative daily chest management plans and training for families, carers and school staff in chest physiotherapy management strategies to help keep the children healthier. There is also a rapid response service for these children when they have a chest infection, which involves home chest physiotherapy assessment and treatment, links with GPs to ensure prompt provision of appropriate medication and teaching parents and carers how to best manage the child's condition, to help prevent a hospital admission. The service is countywide and available Monday to Friday for all children aged 0-19 years of age with complex physical disabilities. To refer to the Children's Rapid Response Respiratory Service call 01522 309025 or email [RapidResponse@lincs-chs.nhs.uk](mailto:RapidResponse@lincs-chs.nhs.uk).

## **Lincolnshire NHS launches 100 day challenge for stroke services**

Stroke is a life-threatening medical condition that occurs when the blood supply to part of the brain is cut off and is the third most common cause of death in the UK. The prevalence of stroke has been increasing steadily year on year and is expected to rise to 3.1% of the population of Lincolnshire by 2020.

A new initiative was launched on Friday, 9 August in Lincolnshire. NHS service providers, charities and the local council have come together to start to work collaboratively to improve care for stroke patients.

100 Day Challenges are intensive periods of action and collaboration that involve representatives from health, social care and voluntary organisations. Frontline practitioners and stakeholders set ambitious goals, and develop and test creative solutions in real conditions. It will also contribute to current efforts to consolidate and build understanding across Lincolnshire around different approaches to change and transformation. Underpinning the challenge, are a set of core conditions which enable the method to catalyse lasting change and impact. This challenge will work collaboratively with Lincolnshire Community Health Services NHS Trust (LCHS), United Lincolnshire Hospitals NHS Trust (ULHT), Lincolnshire County Council (LCC), Neighbourhood Teams, the Stroke Association and patients. The main aim is to improve the pathway for stroke patients from hospital discharge to care at home.

## **Lincolnshire Sexual Health launches text service for young people countywide**

ChatHealth, launched by Lincolnshire Sexual Health (LiSH), is an easy way for young people, aged 13-19, to confidentially ask for help about a range of sexual health issues by contacting 07520 649893. ChatHealth is available Monday-Friday and automatic replies will be sent to messages received out of hours. For medical help and advice outside of these hours please contact your GP or call 111. LiSH, which is run by Lincolnshire Community Health Services NHS Trust, provides confidential and non-judgmental advice, testing and treatment for all aspects of sexual health, including contraception. The central booking line (01522 309309) can be used to book appointments at any of Lincolnshire's sexual health clinics, from 8am-7.30pm Monday to Thursday, or 8am-4.30pm on Fridays. To access the online booking system and for further information about the service, including chlamydia screening, safer sex and the C-Card scheme, visit [www.lincolnshiresexualhealth.nhs.uk](http://www.lincolnshiresexualhealth.nhs.uk).

## Hospital wards in Louth renamed to honour dedicated volunteer

After a full refurbishment and a change in service, two wards at County Hospital Louth have been renamed to honour a special volunteer who has contributed to the NHS for over 60 years. Manby Frailty Assessment Centre and Carlton Ward, Lincolnshire Community Health Services NHS Trust (LCHS) has re-named the areas to Archer Ward and Archer Assessment Unit. The two inpatient wards have now changed focus to become a frailty assessment centre and an inpatient ward.

## Community health services recruitment open day, Saturday, 7 September

There are career opportunities for doctors, nurses, therapists, scientific and technical staff, administration and management jobs and roles in information technology, human resources (HR), finance and strategy. The event will also include information on the many benefits of working for LCHS, including demonstrations of our commitment to staff health and wellbeing, self-care, investing in our people and how we use technology to work more efficiently. For example the Trust offers yoga classes, craft groups and free health checks.

## Lincolnshire Health Awards 2019

Lincolnshire's fantastic healthcare professionals are being given the chance to celebrate the success of their colleagues at Lincolnshire's Health Awards 2019. **The awards will take place on November 19 at Doubletree by Hilton, Lincoln. The closing date for nominations are on Sunday, October 6. You can nominate someone deserving of the award online via [www.lincshealthawards.co.uk](http://www.lincshealthawards.co.uk)**

## NHS Providers director visits LCHS

On Friday, 6 September, Adam Brimelow, Director of Communications at NHS Providers spent the day in Lincoln to find out about our local community health services. NHS Providers is the membership organisation and trade association for the NHS hospital, mental health, community and ambulance services that treat patients and service users in the NHS. NHS Providers helps NHS trusts to deliver high-quality, patient-focused care by enabling them to learn from each other, acting as their public voice and helping shape the system in which they operate.

## Local community health services win three Innovation and Best Practice awards

Lincolnshire Community Health Services NHS Trust (LCHS) has been presented with three Innovation and Best Practice awards by the Community Hospital Association (CHA). The CHA is a membership organisation which supports community hospitals in England, Scotland, Wales and Northern Ireland and is dedicated to sharing knowledge and experience on the role, function and potential of community hospitals. The CHA runs annual Innovation and Best Practice Awards to showcase its member's excellent examples of community hospital services. The three awards were for staff support sessions, bereavement packs and the use of social media.

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